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The counterpart of the ear-boring *mangala* for a girl was the *mangala* performed when she attained puberty. This was called '*polé kaṇḍa mangala*' or '*mangala* performed on the sighting of defilement'. The menstrual flow was regarded as defiling, and formerly a woman observed seclusion for three days during her periods. *Mangala* was also performed when a woman became pregnant for the first time (*kuḷiyammé mangala*). A woman who had given birth to ten children, all of whom were alive, was entitled to a form of *mangala* known as *paitāṇḍek aḷapa*.

A man who killed a panther or tiger had the right to *nari mangala* or 'tiger *mangala*' being performed in his honour. Marriage increased a man's status, and a bachelor was regarded as socially and ritually inferior to a married man. *Mangala* was performed to a bachelor's corpse before burying or cremating it, presumably in order to raise the status of the soul of the dead bachelor.

A man who had lost two wives in succession was ritually married to a plantain tree before marrying his third wife. The marriage to the plantain tree was called '*bāḷek mangala*', or 'plantain *mangala*', and the tree was cut down soon after the *mangala*.

The number three, in certain contexts, is considered very unlucky everywhere in south India. When a man has lost his first two wives in succession, and intends marrying again, the third wife is considered certain to share the fate of the first two. The performance of '*bāḷek mangalq*' and the cutting down of the tree soon after frees the human wife from the fate which would have otherwise overtaken her.

Formerly when a man built a new house he performed '*mané mangala*' or 'house *mangala*'. *Mangala* was performed for the head of the house on this occasion. Another form of *mangala* which has entirely disappeared now is '*ettu mangala*' or 'ox *mangala*'.

The ideal and usual marriage in Coorg is for a virgin to marry a bachelor and this is called '*kanni mangala*' or 'virgin *mangala*'. The marriage rites are fullest when a virgin marries a bachelor, and they are abbreviated to some extent when a widower marries a virgin. They are still further abbreviated when a widow marries a widower, and many old Coorgs would even refuse to accord to such a marriage the name of *mangala*.

The ritual that is performed at the 'marriage of a virgin' may be divided into two parts, one which might be called the *mangala* part, and the other the non-*mangala* part. The *mangala*-part of marriage

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796 778 occasions like a marriage or an ancestor-propitiation, then the house is purified after their departure.

783 [841] The sacredness or ritual purity of the ancestral house was better preserved by the fact that a woman was not allowed to stay within it during her periods. Such a woman is in a defiled condition and defilement is contagious. It also cuts off the person affected by it from normal participation in social life.

841 Every ancestral house has an outhouse called *ālé poré* in which a woman stayed for three days during her periods. She attained normal ritual status only on the fourth day after taking a bath. During her periods she had to avoid going near people and objects in a condition of normal ritual status.

761 783 The death of even an unrelated adult in the house defiles it and the members of the particular household. After the corpse is removed, both the house and the members of the household have to be purified.

778 788 [823] Certain parts of the ancestral house are more sacred than the others. The central hall is very sacred. In the western wall of the central hall is a niche in which burns an earthen or metal lamp. The container is filled with oil, and there is a cotton wick, one end of which comes through the lamp's lip while the rest trails in the oil held by the container. The wick is lit just beyond the lip, and the lamp burns with the lip facing east, the sacred direction. This lamp is called *nellakki boḷuk* (central-hall lamp). It is lit every morning and evening by a woman of the house who salutes it after lighting it. It will be referred to as wall-lamp throughout this book.

[354] A bell-metal lamp, hung from the ceiling of the central hall, is a common sight in Coorg houses. It is called *tūg boḷuk* or hanging lamp, and it is saluted on all ritual occasions. Shri K. J. Chengappa considers the wall-lamp to be the more ancient and more sacred of the two lamps.

778 769 The south-western room (*kanni kōmbaré kōṇé*) and the kitchen (*umbaḷa mané*) are very sacred parts of the ancestral house. The south-western direction is a sacred direction, and the south-western pillar (*kanni kamba*) in the central court of a quadrangular house receives ritual respect. On certain occasions like an ancestor-propitiation, a lamp is lit in the south-western room. The kitchen is sacred as food is cooked there: food ought to be cooked in a pure place and care is taken to see that impure persons and objects do not get into the kitchen. Sometimes the periodical offerings of food

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783 is specially so where the structural distance between the two castes is very great. In Malabar and Coorg the ban on contact between different castes has been elaborately systematized. People belonging to two different castes have to maintain a certain minimum distance between them, and failure to do so results in the member of the higher caste being polluted. *Tindu polé* means the pollution that results from the failure to maintain the requisite distance between two people belonging to different castes.

A man is in a condition of ritual impurity in relation to a member of a higher caste while he is in a condition of ritual purity towards a member of a lower caste. The concepts of ritual purity and impurity systematize and maintain the structural distance between different castes. Caste hierarchy, on the other hand, makes these concepts relative, except with reference to castes at either extreme. The Brahmin is in a condition of purity in relation to all other castes, while the Untouchable is in a condition of ritual impurity to them. One of the most important Untouchable castes are the Poleyas (*polé*+*ya*). Holeyas are an important Untouchable caste of the Kannada country, and Pulayans of Malabar. The names of each of these contain the local term for pollution.

761 Events like birth and death result in polluting the *okka* in which
844 the event has occurred, and certain other relatives. The pollution resulting from birth is milder than the pollution consequent on death. But in both cases pollution affects only the concerned kindred, and it is the means by which concern is defined and made known to everyone.

841 A woman is in a condition of *polé* for three days during her periods, and she becomes pure only on the fourth day after a bath in the morning. Formerly, the women of an *okka* had to live in an outhouse, at a little distance from the main building, during their periods. They had to maintain a certain distance from other members of the *okka*, and from other people in a condition of normal ritual status. They were specially required to keep away from the ancestor-shrine and from the cobra-platform. The cobra-deity was specially sensitive to defilement, and it was believed that if a woman approached the cobra-platform during her periods, the wrath of the deity would descend on the *okka* of which she was a member.

Coorg women do not nowadays observe any restrictions during their periods. This is surprising as elsewhere in south India these restrictions are still in force.

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Unlike birth and death, menses do not affect the entire *okka*. They only affect the particular woman, but the important point to note is that she is required to avoid touching other members of the *okka* and abstain from going near the sacred places on the ancestral estate. The safety and well-being of the *okka* will be jeopardized if she does not observe these restrictions.

It was seen that the concepts of ritual purity and impurity are very intimately related to permanent features of the social structure like caste and *okka*, and later on it will be seen that they are also related to the village, but these concepts also occur in certain non-structural contexts. A man, irrespective of the caste to which he belongs, is in a condition of ritual purity while praying or sacrificing to an ancestor or deity. He attains this ritual purity by the performance of a series of ritual actions like taking a bath and wearing ritually pure clothes. He comes into contact with an ancestor or deity when he is praying or making a sacrifice, and such contact requires that he should be in a condition of ritual purity. This principle is carried even into ritual mourning: mourners making an offering of food to the spirit of the departed person are in a condition of extreme ritual purity while they do it, though their general ritual condition till the conclusion of mourning is *tiké*, an extreme form of pollution.

II

Bodily emissions and waste matter are ritually impure. Sexual intercourse resulting in the production of certain fluids from the bodies of both the partners is prohibited while a person is in a ritually pure condition: the festival-priests at the festival of Kĕtrappa have to observe continence during the twenty-one days of the biennial festival. In order to ensure that they do observe this rule they are required to sleep in the outer veranda which women do not normally enter.

A person who is in a ritually pure condition may not answer a call of nature. He becomes impure if he does so. Spittle is also ritually impure. This is so all over India, especially among the upper castes. A person may not touch his tongue or teeth with his fingers, and should he do so, he has to wash his hands. Elders come down heavily on a child who puts his finger into his mouth. A person is required specially to avoid putting his finger into his mouth while cooking or serving food.